



In Mud

In this activity we want you to have great fun getting messy and exploring the possibilities of playing and using mud!

Take your pick from the list of suggested ideas, which may have come from existing resources (e.g. Roundabouts / Handbooks / Badges / GFIs / Octants and other Girlguiding publications) or choose your own activity. Remember that Growing Up Wild is designed to get our girls outdoors and into their natural environment - so discuss with your girls to decide how many activities they'd like to do!

You can achieve your badge for participating in any activity involving mud.

All Age Activity ideas

- > Celebrate International Mud Day on 29th June
- > Jump in muddy puddles in your wellies
- > Try barefoot walking in mud
- > Use mud to create a painting of a local scene
- > Using mud that you have dug up, create a sculpture either on your own or in a group
- > Build mud castles



Rainbow ideas

- > Dig for worms and watch how they move
- > Put muddy soil in a container and grow seeds. Plant them outside when they are strong enough to survive.
- > Paint with 'Magic Mud'
- > Make mud pies
- > Have an archaeological treasure hunt



Brownie ideas

- > Make small bricks from mud, once they are dry and hard use them to create a small animal shelter
- > Using natural items create 3-D art using mud as the base
- > Go on a muddy treasure hunt set by your leaders or local Guides
- > With permission adopt a garden patch, a garden bed or container and see how successfully you can grow vegetables and flowers - this is soil (with compost etc.), not mud! There may be risk of glass and stones.
- > Leave a muddy handprint trail
- > Leave messages in the mud for others to find
- > Build a bird's nest outside and see how difficult it is to use mud
- > Look for creatures which live in mud

Brownies

Links /Extensions

Badges:
Craft
Gardener



Guides

Guide ideas

- > Make a mud oven and use it
- > With permission adopt a garden patch, a garden bed or container and see how successfully you can grow vegetables and flowers on soil
- > Look for animal prints in the mud and make Plaster of Paris casts
- > Make a wormery
- > Have fun wellie wanging
- > Filter muddy water
- > Investigate different types of soil in your local area - woods/garden/rivers etc.
- > Make terrariums and give to someone as a gift
- > Learn and demonstrate your skills in dealing with mud on tents
- > Learn how to use a washing machine to deal with muddy clothes after you have had an experience in the mud!
- > Buy a soil testing kit and test the quality of your soil. What can you grow in it?



Links /Extensions

Badges:

Outdoor cook

The Senior Section

The Senior Section ideas

- > Make a mud oven and use it
- > With permission adopt a garden patch, a garden bed or container and see how successfully you can grow vegetables and flowers on soil
- > Look for animal prints in the mud and make Plaster of Paris casts
- > Make a wormery
- > Have fun wellie wanging
- > Filter muddy water
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Websites

How to / Activities

- > www.naturedetectives.org.uk/packs/mud_pack.htm
- > www.naturedetectives.org.uk/download/pack_spotting.htm
- > www.sunhatsandwellieboots.com/2011/05/mud-mud-glorious-mud.html
- > www.instructables.com/id/how-to-efficiently-extract-earthworms-from-the-dir/
- > handsonaswegrow.com/30-dirty-kid-activities/
- > www.growingajeweledrose.com/2013/05/play-recipes-magic-mud.html
- > voices.yahoo.com/how-plan-archaeological-dig-kids-in-5179585.html?cat=25
- > www.ehow.com/how_8415905_create-archaeology-dig-classroom.html
- > www.education.com/activity/article/brick-making/
- > www.doityourself.com/stry/make-mud-bricks-in-6-steps#.U6z8q2Ag9Ms
- > www.treehugger.com/culture/make-your-own-mud-oven.html
- > hubpages.com/hub/Make_a_backyard_mud_oven_Cheap_fun_and_makes_a_professional_quality_pizza
- > reocities.com/yosemite/5307/tips.html#mud_oven
- > www.thekidsgarden.co.uk/MakingAWormery.html
- > nurturerstore.co.uk/how-to-make-a-wormery
- > www.planet-science.com/categories/experiments/chemistry-chaos/2012/07/can-you-clean-water.aspx
- > www.bhg.com/gardening/houseplants/care/make-a-terrarium/#page=1
- > kids.nationalgeographic.com/kids/activities/crafts/miniature-garden/

Information Websites

- > www.worldforumfoundation.org/working-groups/nature/international-mud-day/
- > lemonlimeadventures.com/worms-garden-science-activity/
- > www.hobbyfarms.com/crafts-and-nature/animal-track-id-cards.aspx
- > www.conservancy.co.uk/learn/wildlife/mudflats.htm
- > www.opalexplornature.org/Earthwormguide
- > www.ehow.co.uk/info_8663096_birds-use-mud-nesting.html

**Let us know what you've
been up to on the
Growing Up Wild website!**

