

Growing up wild

In the Summer

With long days, warm weather and abundant wildlife, this is a brilliant time of year to go wild outdoors and connect with nature.



Ideas for all sections

- Walk in different environments and record the different wildlife you see
- Go on a summer wildflower foray.
- Make a nature mandala
- Watch the sun rise or sunset on a midsummer day
- Roll down a grassy hill
- Visit a lavender field
- Got to the seaside
- Go on a bike ride
- Try some outdoors wildlife yoga

Programme links

Rainbows

Pedal power UMA

Brownies

Cyclist says UMA
Keep on throwing UMA

Guides

Biodiversity blitz UMA

Rangers

Land art UMA



- Go on a rainbow walk, finding one bit of nature for each colour of the rainbow
- Have a puppet show using shadows
- Build a nest
- Make a paper plate sundial
- Have a go at sun printing
- Go cloudgazing
- Go rock pooling
- Go on a minibeast and bug safari
- Go fruit picking and make a fruit skewer
- Build a minibeast hotel
- Leave a banana for a butterfly
- Learn how to dance like wildlife
- Make land art with found nature
- Learn about tracking
- Build a den
- Go on a nature story trail

Programme links

Bug hunt UMA

Trails and trackers UMA

Birdie builders UMA

Fruit shop UMA

Fruity experiments UMA

A race against time UMA

Story trail UMA

Edible architecture
(Innovate Stage 2)

Signs from the sun
(Explore Stage 1)



- Go fruit and veg picking and make a dessert to eat outside
- Go stargazing
- Make a grass head
- Play a nature themed wide game
- Make a gadget using materials found outside
- Learn how to stay safe in the sun
- Go on a walk and make a journey stick
- Make a grass whistle
- Go pond dipping
- Use nature to make tree decorations
- Make an apple bird feeder
- Go snail spotting on a wet summers day
- Look closer at nature with some drawing
- Make a daisy chain
- When water is scarce for birds, set up a bird bath
- Learn about and celebrate the summer solstice
- Listen and meditate to the sounds of nature

Programme links

Night sky observers UMA
Mindful music UMA
Nature noises UMA
Edible architecture
(Innovate Stage 2)
Ray of light
(Explore Stage 3)
Invent a gadget
(Camp Stage 3)

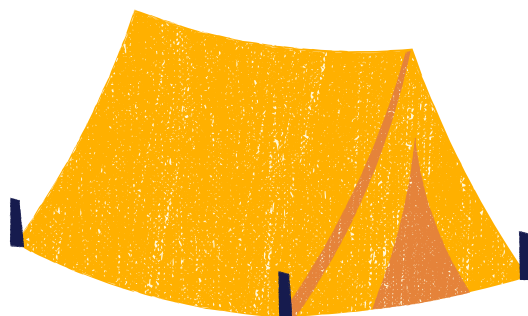


Guides

- Go on a hike and make a journey stick
- Go paddleboarding, kayaking or canoeing to explore river environments
- Try backwoods cooking
- Go to a beach clean-up and turn any litter you find into a sea creature
- Explore the mysterious world of moths
- Make a bird feeder and go bird watching
- Go stargazing
- Make wind chimes and put them in a suitable place
- Go fossil hunting
- Learn how to be bee friendly
- Try nature weaving
- Learn about the trees on your street
- Spot british butterflies
- Make a paper plate sundial
- Go forest bathing

Programme links

Citrus feeder UMA
Written in the stars
(Explore Stage 4)
Fireside feast
(Camp Stage 4)



- Go paddleboarding, kayaking or canoeing to explore river environments
- Find out about local conservation trusts and help out
- Learn about bee keeping and how to be bee friendly.
- Spot bats at dusk and learn how to give them a helping hand
- Find out what seeds you can sow in late summer
- Spend time in nature and do some wild writing
- Find out about the local geocaching in your area. Set up a new one and register it
- Make breakfast outside at sunrise
- Plan and go on a summer adventure
- Do some gardening
- Make a wild blackberry crumble
- Get to know the trees on your street
- Sleep under the stars
- Go forest bathing
- Make nettle or mint tea

Programme links

Sow it, grow it UMA
Tea tasters UMA
Diversify your garden UMA
Land art UMA
Bon voyage
(Explore Stage 6)
Wild cooking
(Camp Stage 5)



Summer facts

- It's the most thundery time of the year! The summer warmth creates perfect conditions for thunderstorms to form, especially for us in the south east of England.
- In 1975 it snowed in June!
- The longest day of the year is in summer, which is called the summer solstice.
- On a hot day in Paris, the Eiffel Tower grows taller by up to 17cm. This is because it's made of iron which expands when it's warm.



Did you know?

Next time you hear the sound of crickets chirping on a summer evening, you can try a simple trick to find out the temperature.

The frequency of a cricket's chirps is consistent with air temperature. Simply count how many chirps there are over 25 seconds then divide by 3 and add 4 to tell you the temperature in Celsius!

Summer events

The Great Big Green Week - June

The Great Big Green Week takes place in June every year and is the UK's biggest ever celebration of action to tackle climate change and protect nature. [Find out more.](#)

30 Days Wild - June

30 Days Wild is The Wildlife Trusts' annual challenge event, where everyone involved does one wild thing a day throughout the month of June. [Find out more.](#)

Swift Awareness Week - July

Swifts need our help. Join our partners the RSPB in celebrating Swift Awareness Week in your unit. [Find information and fun activities](#) for your unit to learn about this amazing bird and ideas for how you can take action to help Swifts.



How did you go wild?

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#LaSERGrowingUpWild



We'd love to know what you think

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Thank you

Thank you to our team of Queen's Guides who contributed to these resources.