

## Share your skills with us!

We want to deliver the best programme we can for all girls and we'd love to hear about your skills and interests to help us provide more opportunities and experiences for girls in our area.

Parents, carers, friends and family members - everyone's got something to share!

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Your name	Telephone	
Young member name	Email	
Tell us about your profession, skills, hobbies, and interests		

## How can you help?

No matter how much time you can give, there's an opportunity for you. There are plenty of ways to support us, whether that's helping out at unit meetings or behind the scenes. Please tick if you are interested in the below tasks.

Support meetings regularly	Support meetings on a rota basis
Plan and prep for unit activities	Set up or clear away at meetings
Run activities in the unit	Run craft activities
Run cooking activities	Run activities outdoors
Plan trips, outings or events	Support on trips, outings or events
Provide transport to events	Take photos at trips, outings or events
Maintain unit equipment	Do unit admin tasks (e.g. updating GO, ordering badges)
Update our social media	Coordinate a parent/carer rota
Collect supplies for unit activities	Help with unit accounts and claim Gift Aid
Be a first aider	Plan fundraising activities
Anything else to add?	

## **Donations**

All donations we receive go to help local girls have opportunities, fun and adventures. As Girlguiding is a charity, if you pay income tax we can use Gift Aid to claim an extra 25p for every £1 you give us, including your child's subs.

I would like to give a donation	We'll contact you with further details or please use the following details:
I need a Gift Aid form	