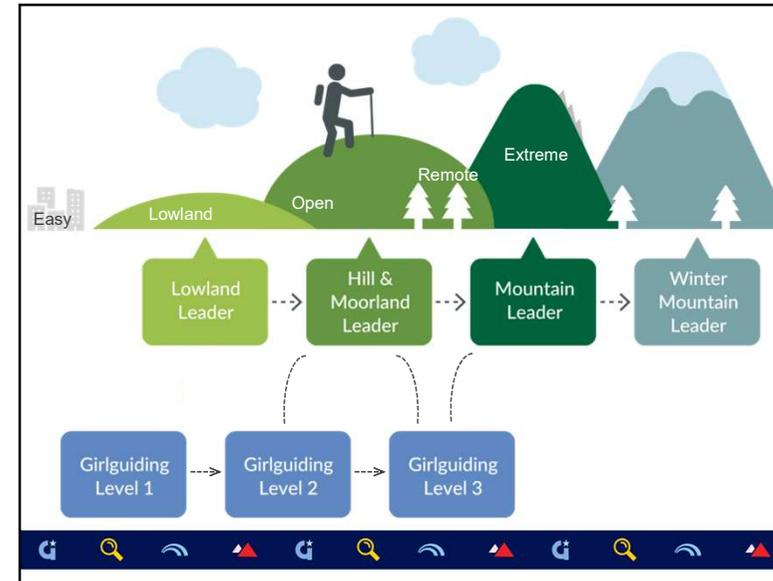




## Walking Scheme Modules

1. Plan and prepare for a walk
2. Demonstrate knowledge of route planning and navigation skills
3. Plan for the safety of yourself and of others
4. Demonstrate personal leadership and group management skills

+ Water Safety module



### Sample logbook page

Record of walks

Date	Area and level of country	Your group position (leader, member); numbers of adults and children in group	Route (include map number, start and finish, key places, grid references)	Distance and time	Weather	Comments, notes and evaluation
23/5/2011	North Shropshire Level 1	Leader (my L1 assessed walk); 2 x deputies and 14 Guides.	Map Landranger 126. Start - Church in Weston SJ565288, S on track to Weston Heath 567279, track and FP to Moston 561265. Minor road to Papermill Bridge. After 400m minor road N to cross A49 then FP on R to cross A49 to Finish on L at 555279.	6.4km 3 hours	Sunny day. No rain forecast.	Took my Guides for a 'questionnaire challenge'. My recce found a bull field at Moston Farm (560265) - farmer said it was okay if we stay on FP. Leading was very successful and girls enjoyed the questions. Had a nice break beside river at Papermill Bridge.
24/9/2014	Yorkshire Dales Level 2	Leader; 6 Senior Section	Map OL2. Kettlewell SD971725 - Knipe Scar - Hawkswick - High Cote Moor 931692 - Street Gate - Gordale Scar 915640 - Janet's Foss - Malham 901626.	18km 8 hours	Rainy and windy.	Hard going. Needed to keep close track of route because of low cloud. Good navigation practice, especially use of compass.
7/7/2015	Lomond and Trossachs National Park Level 3	Leader (I was not qualified, but my deputy had her ML); 2 adults, 5 Guides	Map Landranger 56. Start and finish Rowardennan NS359985. National Trust path to top of Ben Lomond and back.	12km, 960m. 8.5 hours	Warm (15-20 degrees), dry with excellent visibility.	Very warm day - extra hydration and sun protection required. Due to heat the walk took longer than anticipated and home contact was asked to inform parents that there would be a delay, but all was well and we were having fun. All participants summited safely and descended without incident.



## Easy Country

Urban areas, spare ground, recreational areas & parks, local woods, lanes, nature trails, tracks & paths in your own locality, where there is no danger of getting lost.

Qualifications

- Out and About optional training module

or

- Equivalent walking experience.
- No qualification necessary




## Lowland Country

**Lanes, tracks and paths, fields, woods, or other non-remote lowland areas**, where the ability to read a map & find a route may be necessary, but weather conditions will not be extreme & the types of country will not present any great problems.

Qualifications

- **Level 1** optional training or
- Equivalent walking experience
- Lowland Leader Award
- L1 Qualification is encouraged but not mandatory




## Open Country

All the following criteria must be met:

- **open, uncultivated, non-mountainous high or remote country**
- areas enclosed by well-defined geographical or man-made boundaries
- areas of remoteness that are easily exited in a few hours
- areas where movement on steep or rocky terrain is not required (in either a planned or unplanned situation) and there are no serious water hazards
- areas typically not more than **600 meters** above sea level
- routes must follow paths or linear features that are both marked on a map and clearly visible on the ground.

Qualifications

- **Level 2** or
- Hill and Moorland Leader or higher award




## Remote Country

**Anywhere in the UK except steep slopes, rocky ground, scree, loose rock and exposed ridges**

Qualifications

- **Level 3** or
- Mountain Leader Award

## Extreme Country

**Anywhere in the UK** but it does not include the planned use of a rope

Qualification required

- **Mountain Leader Award.**

